



2003

Offering:

- Low prescription copays and home delivery service for maintenance medication
- Expanded network – new hospitals, urgent care centers and specialists
- Chiropractic visits
- Wellness incentives
- Student health insurance allowance for out-of-network students
- Discounted Lasik eye surgery



HealthSelect also offers:

Direct access to select network specialists
Alternative medicine
Vision services
Health education classes
No pre-existing condition limitation
Behavioral health services

Expanded Hospital Network

NEW! Boswell Memorial Hospital

NEW! Del E. Webb Memorial Hospital

NEW! John C. Lincoln Hospital – Deer Valley

NEW! John C. Lincoln Hospital – North Mountain

Arrowhead Community

Chandler Regional

Maricopa Medical Center

Maryvale Hospital

Mesa General

Phoenix Baptist

Scottsdale Healthcare Osborn

Scottsdale Healthcare Shea

St. Joseph's

Tempe St. Luke's

Wickenburg Regional

Customer Service:

(602) 344-8760

Open Enrollment Website:

<http://mariplan.tripod.com>



Select Health!

Our network of Family Health Centers, primary care providers, specialty care providers, hospitals, pharmacies and after hours primary care locations support your needs for comprehensive health care at an affordable price.

HealthSelect has expanded its hospital network to include four new hospitals – Boswell Memorial Hospital, Del E. Webb Memorial Hospital, John C. Lincoln Hospital – Deer Valley and John C. Lincoln Hospital – North Mountain. This is in addition to the other 11 hospitals throughout Maricopa County available for use by HealthSelect members. In addition, four new urgent care providers and over 150 specialists have been added to the HealthSelect network.

HealthSelect offers low copays for prescriptions. The cost for generic prescriptions is \$5 and brand-name prescriptions are \$15. Members may use the Family Health Center pharmacies or any one of over 140 retail pharmacies in Maricopa County, including all Fry's Pharmacies and 49 United Drug locations. Home delivery of maintenance medications is available through the Comprehensive Healthcare Center, Family Health Center pharmacies or Fry's pharmacies.

Direct access to select specialists in the HealthSelect network is a very popular benefit for members who, without referral from their primary care physician, may choose to see an OB/GYN, internal medicine, pediatric or family practice physician within the HealthSelect network. Members may see most other specialists in the HealthSelect network with only a referral from their primary care physician – no prior authorization is needed.

HealthSelect members can continue to benefit from making healthy lifestyle choices with incentive gifts and awards for working out at any health club or gym on a regular basis; making sure children (ages 0-5) have up-to-date immunizations; seeing the doctor on a regular basis for recommended health screenings or attending a health education or smoking cessation class.

If you have a full-time student attending school outside of the HealthSelect network, you will be happy to know that HealthSelect offers a \$125 per semester allowance toward the purchase of student health insurance. The student must be age 19-25, attend an institute of higher learning outside of Maricopa County, and provide proof of premium payment and insurance coverage.

For more information, call our customer service department: (602) 344-8760

PLEASE NOTE: HealthSelect Attendant Care members must use the Family Health Centers and Maricopa Medical Center.



Premium Advantage – Compare and Save!

HealthSelect Premiums	Cost Per Pay Period	Monthly Cost
Employee Only	\$0.00	\$0.00
Employee and Spouse	\$14.62	\$31.67
Employee and Children	\$11.22	\$24.31
Employee and Family	\$33.38	\$72.32

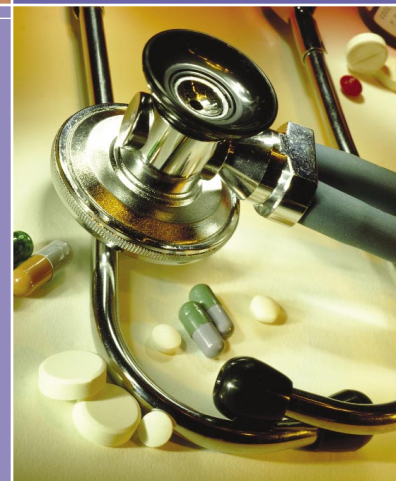
Benefits

As a HealthSelect member you will have low copayments and little or no paperwork! You may choose your Primary Care Physician from over 350 doctors in the HealthSelect network located throughout the Valley. Below is a partial listing of copayments for more frequently used services.

Service Type	Copayment
Primary Care Physician Office Visit	\$5
Specialty Care Physician Office Visit	\$5
Audiologist Office Visit	\$5
Emergency Room Services (waived if member is admitted to the hospital from ER)	\$50
Urgent Care Visit	\$5
Outpatient Therapy / Rehabilitation	\$5
Prescription Medications	\$5-\$15
Mail Delivery of Maintenance Meds (90-day supply)	\$15-\$30
Chiropractic Services	\$10
Alternative Medicine Visits	\$5
Maternity Services	
Initial Visit	\$5
All Prenatal and Postnatal Visits	\$0
Lab Services, Mammograms, X-rays	\$0
Colorectal Exam, Pap Smear Exam, Prostate Cancer Screening	\$0
Adult Immunizations without PCP Encounter	\$0
Home Health Visits	\$0



Family wellness
is a primary
focus of the
HealthSelect Plan.



Convenience

Our Primary Care network physicians have locations throughout the Valley, in private practice offices as well as at 12 Family Health Center sites. Many of the Family Health Center locations offer the convenience of pharmacy, primary care and x-ray services all in one location.

HealthSelect members have a choice of 15 hospitals Valley-wide. Members will also find convenience in the wide variety of retail pharmacies offered through the plan – over 140 locations in the metro-Phoenix area. Members may obtain mail order prescriptions through the Comprehensive Healthcare Center, Family Health Center pharmacies or Fry's pharmacies. For a listing of pharmacies, providers and hospitals in the new HealthSelect network, refer to the HealthSelect Provider Directory, or call Customer Service at (602) 344-8760.

Value-added Benefits

HealthSelect offers comprehensive health care with no pre-existing condition limitations. Our members benefit from the added value of chiropractic care (no PCP referral required), alternative medicine, discounted lasik eye surgery and direct access to selected specialists. See the back page for a partial listing of the plan's enhanced benefits, incentives and awards.

Enhanced Benefits for HealthSelect 2003

This summary represents some of the enhanced HealthSelect benefits, but does not represent a full explanation of coverage for all benefits. Please refer to the HealthSelect Evidence of Coverage (EOC)/Member Handbook for the entire explanation of benefits.

Benefit	Coverage	Comments
Wellness Incentive Awards		
Health Club Attendance	Members who pay a membership at any health club and work out at least eight times per month are eligible to receive a \$75 incentive award every six months.	Have your health club certify your attendance (using the Health Club Certificate) of eight times per month for six months and submit completed form to Customer Service to receive your \$75 incentive award.
Childhood Immunizations	Members who obtain recommended immunizations for their children (ages 0-5) are eligible to receive a \$30 gift certificate.	Have your HealthSelect contracted physician sign and date the Immunization Certificate when your child's immunizations are completed for his/her birth year. Submit to Customer Service to receive your \$30 gift certificate.
Wellness Screenings	Members who complete the following wellness screenings from a HealthSelect contracted PCP are eligible to receive a \$30 gift certificate per screening: <ul style="list-style-type: none"> • Pap smear test (women 18 and older) • Mammogram (women 40 and older) • Annual physical exam (males age 40 and older) 	Use the Wellness Certificate and submit proof of the completion of these wellness activities to Customer Service to obtain your \$30 gift certificate, available for each activity (limited to one of each type per benefit year).
Health Education Classes	Attend a health education class (diabetes, asthma, etc.) or a smoking cessation program sponsored by a non-profit agency and receive a \$30 gift certificate for successful completion of the class. Forms available in Member Handbook.	Submit proof of class completion to Customer Service using the Wellness Certificate in the Member Handbook. Receive a \$30 gift certificate for each health education class completed.
Chiropractic Care	Twelve visits per year. \$10 copay per visit. Direct access, no PCP referral required.	Choose from a private network of chiropractors with convenient locations.
Alternative Medicine	Six visits per year and \$60 credit for supplies prescribed by Alternative Medicine provider.	\$5 copay per visit. Direct access, no PCP referral required. Choose from three locations.
Vision Benefit	HealthSelect members use the Avesis vision network and may obtain frames and lenses once a year.	No additional premium for vision benefit. \$10 copay. Direct access, no PCP referral required.
Student Health Insurance Allowance	HealthSelect will pay an allowance of up to \$125 per semester toward the premium cost for health insurance for a full-time student (ages 19-25) attending an institute of higher learning outside the Maricopa County service area.	Submit proof of insurance coverage, premium payment and proof of full-time student status at an educational facility outside of Maricopa County.
Lasik Eye Surgery	Members pay a discounted rate of \$875 per eye per contract year from a HealthSelect-contracted provider.	Direct access. No PCP referral or prior authorization is required.
Behavioral Health Services	HealthSelect members use United Behavioral Health services.	Drugs prescribed by United Behavioral Health services are covered but require Prior Authorization by HealthSelect.

HealthSelect Customer Service: (602) 344-8760