

2002 Three-tier Patient Drug Formulary Guide

Medication Categories Listing

Effective June 15, 2002

What is a Formulary Guide?

This is a guide to your Formulary, which is a list of medications preferred by your plan. The specially selected medications on this Guide can help you and your prescriber maximize your plan benefits and minimize prescription medication costs. This list also is available alphabetically on our web site (www.whphi.com). All the medications listed have received FDA approval as safe and effective. A committee of physicians and pharmacists has chosen the medications included on this list.

How do I use this Guide?

This Guide can help you locate brand and generic medication alternatives that may lower your copayment. Share this Guide with your physician and encourage him or her to authorize a generic alternative for you whenever possible.

How does the Formulary impact my copayment?

The chart at top right describes the three-tier copayment options your plan provides. The first tier includes less-costly generic medications. These medications generally have the lowest copayment. The second tier includes PREFERRED BRANDS that are on the Formulary. The copayment for these medications usually falls in the middle range. The third tier includes non-preferred brands. When a generic version of a brand-name medication becomes available, most brands move to the highest tier. Likewise, if only one generic product is available for a medication, it may be placed on a higher tier. These medications are rarely listed on this Guide since they do not minimize costs as effectively as other medications that are listed.

Copayments and coverage of medications and medication categories can vary by plan. This Guide is meant to be a source of general information about the Formulary.

THREE-TIER COPAY LEVEL	TYPE OF MEDICATION
Lowest Copayment	Most generic medications
Middle Copayment	PREFERRED BRAND medications on the formulary with no generic available
Highest Copayment	Non-preferred brands or brands with a generic available

What if my medication is not listed on this Guide?

Due to space limitations, not all medications on the Formulary can be listed on this Guide. If you are unable to locate your medication on the list, please keep the following in mind:

- Most generic medications are preferred by your plan, usually at the lowest copayment.
- When a medication can be used to treat more than one condition, you will find it listed under only one category when possible for ease of reference. Check different categories for your medication or consult the alphabetical guide.
- Your medication may have been added to the list after it was printed.

Where can I get more information about this Guide?

This Guide may change to reflect current medication availability and tier placement. You can find the most recent update at www.whphi.com.

Our online Formulary Guide is updated regularly every calendar quarter or more often if needed to reflect important changes. It also is listed in alphabetical order. This Guide is subject to change without notice. For assistance, please contact Member Services at 1-800-207-2568.

512197 CS186-0602

Under each therapeutic class category heading, generic medications are listed in lower case (small) letters and preferred brand medications are listed in UPPERCASE (CAPITAL) letters.

ANTINEOPLASTICS/ IMMUNOSUPPRESSANTS All oral antineoplastic and immuno-suppressant agents under this class are on the Formulary, if FDA approved. BLOOD MODIFIERS ANTICOAGULANTS warfarin COUMADIN BLOOD FORMATION NEUPOGEN PROCRIT LOW MOLECULAR WEIGHT HEPARINS LOVENOX	PLATELET AGGREGATION INHIBITORS ticlopidine PLAVIX MISCELLANEOUS pentoxifylline ext-rel AGRYLIN MEPHYTON CARDIOVASCULAR ALPHA BLOCKERS doxazosin prazosin terazosin ANGIOTENSIN II RECEPTOR BLOCKERS COZAAR DIOVAN	ANTIARRHYTHMICS/ CARDIAC GLYCOSIDES amiodarone digoxin disopyramide disopyramide ext-rel mexiletine procainamide procainamide ext-rel propafenone quinidine sulfate quinidine sulfate ext-rel sotalol LANOXIN BETA BLOCKERS CARDIOSELECTIVE acebutolol atenolol metoprolol TOPROL XL	NONCARDIOSELECTIVE labetalol nadolol pindolol propranolol INDERAL LA BLOOD PRESSURE-LOWERING ACE INHIBITORS captopril enalapril ACCUPRIL ALTACE ZESTRIL CALCIUM CHANNEL BLOCKERS DIHYDROPYRIDINE nifedipine ext-rel NORVASC NONDIHYDROPYRIDINE diltiazem diltiazem ext-rel
--	--	---	---

verapamil verapamil ext-rel CHOLESTEROL-LOWERING cholestyramine gemfibrozil fenofibrate lovastatin LESCOL LESCOL XL LIPITOR DIURETICS/ COMBINATION PRODUCTS atenolol/chlorthalidone bisoprolol/hctz bumetanide captopril/hctz chlorthalidone enalapril/hctz furosemide hydrochlorothiazide spironolactone triamterene/hctz ACCURETIC DIOVAN HCT HYZAAR TARKA ZAROXOLYN ZESTORETIC NITRATES isosorbide dinitrate ext-rel isosorbide mononitrate ext-rel nitroglycerin ointment nitroglycerin oral ext-rel nitroglycerin patch nitroglycerin sublingual SYMPATHOLYTICS clonidine methyl dopa MISCELLANEOUS hydralazine PROAMATINE CENTRAL NERVOUS SYSTEM ALZHEIMER'S DISEASE ARICEPT EXELON REMINYL ANALGESICS CONVENTIONAL NSAIDS diclofenac sodium diflunisal etodolac etodolac ext-rel ibuprofen indomethacin ketorolac naproxen naproxen sodium oxaprozin piroxicam salsalate sulindac MIGRAINE Preventative Therapy generic beta blockers generic calcium channel blockers DEPAKOTE ER	Treatment isometheptene/dichloralphenazone/ acetaminophen CAFERGOT IMITREX MAXALT MAXALT MLT ZOMIG ZOMIG ZMT NON-NARCOTIC COMBINATIONS butalbital/acetaminophen butalbital/caffeine/acetaminophen butalbital/caffeine/aspirin OPIOIDS acetaminophen/codeine hydrocodone/acetaminophen hydromorphone meperidine morphine sulfate oxycodone oxycodone/acetaminophen oxycodone/aspirin PAIN—MODERATE TO SEVERE morphine sulfate ext-rel DURAGESIC MS CONTIN (200 mg tablet) MSIR (except oral liquids) OXYCONTIN ANTI-ANXIETY MEDICATIONS alprazolam buspirone diazepam lorazepam oxazepam ANTIVERTIGO/ MOTION SICKNESS AGENTS meclizine promethazine ATTENTION DEFICIT/ HYPERACTIVITY DISORDER dextroamphetamine/amphetamine salts methylphenidate methylphenidate ext-rel ADDERALL (7.5 mg, 12.5 mg, 15 mg tablets) ADDERALL XR CONCERTA METADATE CD METADATE ER BIPOLAR AGENTS lithium carbonate ESKALITH CR LITHOBID DEPRESSION amitriptyline bupropion clomipramine desipramine doxepin fluoxetine imipramine hcl nortriptyline trazodone CELEXA NARDIL PARNATE PAXIL REMERON REMERON SOLTAB WELLBUTRIN SR ZOLOFT	INSOMNIA chloral hydrate temazepam AMBIEN SONATA MULTIPLE SCLEROSIS AGENTS AVONEX BETASERON MYASTHENIA GRAVIS AGENTS MESTINON PARKINSON'S DISEASE amantadine benztropine carbidopa/levodopa selegiline trihexyphenidyl COMTAN DOSTINEX MIRAPEX PARLODEL (2.5 mg tablets) PERMAX REQUIP PSYCHOSES chlorpromazine fluphenazine decanoate fluphenazine injection haloperidol perphenazine thioridazine thiothixene trifluoperazine RISPERDAL SEROQUEL ZYPREXA SEIZURES carbamazepine clonazepam ethosuximide phenobarbital phenytoin ext-rel primidone valproic acid DEPAKENE DEPAKOTE DILANTIN KEPPRA LAMICTAL NEURONTIN TEGRETOL TRILEPTAL TOPAMAX ZONEGRAN SMOKING DETERRENTS nicotine products DERMATOLOGY ACNE ACNE ROSACEA NORITATE ACNE VULGARIS ORAL erythromycin oral tetracycline oral ACCUTANE TOPICAL azelaic acid clindamycin topical erythromycin topical sulfacetamide/sulfur tretinoin RETIN-A RETIN-A MICRO	BACTERIAL INFECTIONS silver sulfadiazine CORTICOSTEROIDS Listed by potency: Group I is least potent; Group V is most potent GROUP I hydrocortisone (2.5% cream) hydrocortisone (2.5% lotion) hydrocortisone (2.5% ointment) GROUP II fluocinolone acetonide (0.01% cream) fluocinolone acetonide (0.01% solution) hydrocortisone valerate (0.2% cream) hydrocortisone valerate (0.1% ointment) triamcinolone acetonide (0.025% cream) triamcinolone acetonide (0.025% lotion) triamcinolone acetonide (0.025% ointment) GROUP III betamethasone valerate (0.1% cream) betamethasone valerate (0.1% lotion) betamethasone valerate (0.1% ointment) fluocinolone acetonide (0.025% cream) fluocinolone acetonide (0.025% ointment) mometasone furoate (0.1% ointment) triamcinolone acetonide (0.1% cream) triamcinolone acetonide (0.1% ointment) GROUP IV betamethasone dipropionate (0.05% cream) betamethasone dipropionate (0.05% lotion) betamethasone dipropionate (0.05% ointment) fluocinonide (0.05% cream) fluocinonide (0.05% lotion) fluocinonide (0.05% ointment) triamcinolone acetonide (0.5% cream) triamcinolone acetonide (0.5% ointment) GROUP V augmented betamethasone dipropionate ointment clobetasol propionate BACTROBAN DIPROLENE GEL DIPROLENE LOTION FUNGAL INFECTIONS butenafine clotrimazole/betamethasone ketoconazole topical nystatin powder nystatin/triamcinolone LOPROX PSORIASIS methotrexate (2.5 mg tablet only) DOVONEX TAZORAC SCABIES AND PEDICULOSIS lindane permethrin (5% cream) OVIDE VIRAL INFECTIONS CONDYLOX GEL
---	---	---	---

MISCELLANEOUS selenium sulfide EFUDEX EMLA FLUOROPLEX PROTOPIC REGRANEX ENDOCRINOLOGY ADRENAL CORTICOSTEROIDS dexamethasone hydrocortisone methylprednisolone prednisolone sodium phosphate prednisone FLORINEF ANDROGENS fluoxymesterone methyltestosterone DEPO-TESTOSTERONE DIABETES MELLITUS <i>INSULIN</i> HUMALOG HUMALOG 75/25 HUMULIN 50/50 HUMULIN 70/30 HUMULIN L HUMULIN N HUMULIN R HUMULIN U LANTUS NOVOLIN 70/30 NOVOLIN L NOVOLIN N NOVOLIN R NOVOLOG <i>ORAL AGENTS</i> glipizide glyburide glyburide micronized metformin ACTOS AMARYL AVANDIA GLUCOTROL XL PRANDIN PRECOSE DIABETES MONITORING ACCU-CHEK Meters/Test Strips CHEMSTRIP BG Test Strips LANCETS ONE TOUCH Meters/Test Strips GLUCOSE ELEVATING AGENTS GLUCAGON GROWTH HORMONE NUTROPIN NUTROPIN AQ NUTROPIN DEPOT SAIZEN OSTEOPOROSIS AGENTS EVISTA FOSAMAX THYROID MODIFIERS levothyroxine methimazole propylthiouracil LEVOXYL SYNTHROID MISCELLANEOUS desmopressin acetate	GASTROINTESTINAL ANTIEMETICS prochlorperazine promethazine ZOFRAN ZOFRAN ODT DIARRHEA diphenoxylate/atropine INFLAMMATORY BOWEL DISEASE hydrocortisone/pramoxine ASACOL CANASA CORTIFOAM PANCREATIC ENZYMES pancrelipase CREON ULTRASE VIOKASE PROMOTILITY AGENTS metoclopramide SPASM l-hyoscyamine ULCERS AND REFLUX (GERD) cimetidine ranitidine tablets sucralfate ACIPHEX CYTOTEC HELIDAC NEXIUM PRILOSEC MISCELLANEOUS sulfasalazine ursodiol NULYTELY URSO VISICOL INFECTION ANTIBACTERIAL DRUGS <i>CEPHALOSPORINS</i> <u>First Generation</u> cefadroxil cephalexin <u>Second Generation</u> cefaclor cefuroxime <u>Third Generation</u> CEDAX OMNICEF <i>FLUOROQUINOLONES</i> AVELOX CIPRO LEVAQUIN <i>MACROLIDES</i> erythromycin oral BIAXIN BIAXIN XL ZITHROMAX <i>PENICILLINS</i> amoxicillin ampicillin dicloxacillin penicillin VK <i>SULFONAMIDES</i> sulfisoxazole	<i>TETRACYCLINES</i> doxycycline hyclate minocycline tetracycline <i>URINARY ANTI-INFECTIVES</i> nitrofurantoin macrocrystals trimethoprim tablets <i>COMBINATION ANTIBIOTICS</i> sulfamethoxazole/trimethoprim sulfisoxazole/erythromycin AUGMENTIN <i>MISCELLANEOUS ANTIBIOTICS</i> clindamycin oral metronidazole tablets ANTIFUNGALS griseofulvin microsize griseofulvin ultramicrosize ketoconazole nystatin DIFLUCAN LAMISIL ANTIVIRAL DRUGS acyclovir <i>CYTOMEGALOVIRUS</i> CYTOVENE VALCYTE HEPATITIS AGENTS INTRON A <i>HEPATITIS B</i> EPIVIR-HBV <i>HEPATITIS C</i> INFERGEN PEG-INTRON REBETOL REBETRON <i>HERPES</i> VALTREX <i>HIV</i> All oral medications used for the treatment of HIV are on the Formulary, if FDA approved. MISCELLANEOUS <i>AMEBICIDES</i> mebendazole metronidazole <i>ANTITUBERCULOSIS AGENTS</i> ethambutol isoniazid pyrazinamide rifampin <i>MALARIA AND OTHER PROTOZOAL INFECTIONS</i> chloroquine phosphate hydroxychloroquine DAPSONE LARIAM MALARONE MUSCULOSKELETAL CYCLOOXYGENASE INHIBITORS CELEBREX VIOXX DMARDS CUPRIMINE RIDAURA	GOUT AGENTS allopurinol colchicine colchicine/probenecid probenecid RHEUMATOID/OSTEOARTHRITIS hydroxychloroquine methotrexate SPASTICITY baclofen cyclobenzaprine DANTRium OPHTHALMIC/OTIC OPHTHALMIC—ALLERGY ZADITOR OPHTHALMIC—ANTIBACTERIAL bacitracin erythromycin ophthalmic gentamicin neomycin/polymyxin B/bacitracin ointment neomycin/polymyxin B/gramicidin solution polymyxin B/bacitracin polymyxin B/trimethoprim sulfacetamide (10% drops) sulfacetamide (10% ointment) tobramycin OCUFLOX OPHTHALMIC—ANTI-INFLAMMATORIES dexamethasone ophthalmic fluorometholone neomycin/polymyxin B/dexamethasone prednisolone acetate prednisolone phosphate prednisolone phosphate/sulfacetamide ACULAR LOTEMAX TOBRADEX OPHTHALMIC—ANTIVIRAL VIROPTIC OPHTHALMIC—GLAUCOMA acetazolamide dipivefrin levobunolol methazolamide pilocarpine timolol maleate ALPHAGAN ALPHAGAN P AZOPT BETIMOL LUMIGAN OPHTHALMIC—MISCELLANEOUS atropine OTIC (EAR) acetic acid acetic acid/aluminum acetate benzocaine/antipyrine hydrocortisone/acetic acid hydrocortisone/neomycin/polymyxin B FLOXIN OTIC MISCELLANEOUS lidocaine viscous
--	--	--	--

Effective June 15, 2002

RESPIRATORY	ORAL MEDICATIONS		MISCELLANEOUS AGENTS
ANTIHISTAMINE/DECONGESTANT COMBINATIONS promethazine/phenylephrine pseudoephedrine/brompheniramine ext-rel pseudoephedrine/carbinoxamine pseudoephedrine/chlorpheniramine ANTIHISTAMINES—SECOND GENERATION ALLEGRA CLARINEX CLARITIN <i>ANTI-HISTAMINE/DECONGESTANT COMBINATIONS</i> ALLEGRA-D CLARITIN-D 12 HR CLARITIN-D 24 HR ANTITUSSIVE COMBINATION PRODUCTS guaifenesin/codeine guaifenesin/dextromethorphan tablet hydrocodone/guaifenesin hydrocodone/homatropine phenylephrine/chlorpheniramine/hydrocodone promethazine/codeine pseudoephedrine/hydrocodone bitartrate EXPECTORANTS AND DECONGESTANT/EXPECTORANT COMBINATIONS guaifenesin guaifenesin/pseudoephedrine ext-rel NOSE ASTELIN STEROIDS ATROVENT NASAL FLONASE NASACORT NASACORT AQ NASONEX RHINOCORT RHINOCORT AQUA ASTHMA/COPD BETA-AGONIST INHALERS albuterol metered-dose inhaler SEREVENT SEREVENT DISKUS CORTICOSTEROID INHALED MEDICATIONS STEROIDS FLOVENT (44 mcg, 110 mcg, 220 mcg) FLOVENT ROTADISK PULMICORT TURBUHALER VANCERIL INHALATIONS FOR NEBULIZATION acetylcysteine cromolyn sodium ipratropium bromide PULMICORT RESPULES LEUKOTRIENE MODIFIERS ACCOLATE SINGULAR	BETA AGONISTS albuterol metaproterenol terbutaline VOLMAX ORAL STEROIDS prednisolone sodium prednisone MISCELLANEOUS cromolyn sodium metered-dose inhaler ipratropium bromide metered-dose inhaler ADVAIR DISKUS ATROVENT MDI COMBIVENT SUPPLEMENTS HYPERPHOSPHATEMIA AGENTS PHOSLO RENAGEL POTASSIUM SUPPLEMENTS TABLET potassium chloride ext-rel (8 mEq) potassium chloride ext-rel (10 mEq) LIQUID potassium chloride (20 mEq/15 ml) POWDER potassium chloride (25 mEq) VITAMIN PREPARATIONS prenatal vitamins UROLOGICAL ANESTHETIC AGENTS phenazopyridine SYMPTOMATIC BENIGN PROSTATIC HYPERPLASIA doxazosin terazosin URINARY INCONTINENCE oxybutynin DETROL DETROL LA MISCELLANEOUS bethanechol ELMIRON UROCIT-K WOMEN'S HEALTH CONTRACEPTION, ORAL Generic oral contraceptives have been given special names for ease of reference. These are listed in brackets after the generic name. MONOPHASIC ethinyl estradiol/desogestrel [Apri] ethinyl estradiol/ethynodiol [Zovia] ethinyl estradiol/levonorgestrel [Aviane, Levora] ethinyl estradiol/norethindrone [Genora, Genora 1/50, Necon, Nelova, Norethin, Nortel] ethinyl estradiol/norethindrone/iron [Microgestin Fe]	ethinyl estradiol/norgestrel [Low-Ogestrel, Ogestrel] mestranol/norethindrone [Necon 1/50] LOESTRIN ORTHO-CYCLEN YASMIN BIPHASIC ethinyl estradiol/desogestrel [Kariva] ethinyl estradiol/norethindrone [Necon] TRIPHASIC ethinyl estradiol/levonorgestrel [Trivora-28] CYCLESSA ESTROSTEP FE ORTHO NOVUM 7/7/7 ORTHO TRI-CYCLEN TRI-NORINYL PROGESTIN norethindrone [Nor-Q-D] OTHER CONTRACEPTION ORTHO EVRA EMERGENCY CONTRACEPTION PLAN B PREVEN ENDOMETRIOSIS danazol leuprolide acetate FERTILITY chorionic gonadotropin clomiphene INJECTABLE ESTROGENS/ PROGESTINS DEPO-PROVERA LUNELLE MENOPAUSE/ POSTMENOPAUSAL OSTEOPOROSIS ESTROGENS estradiol estradiol transdermal estrogens estropipate CENESTIN CLIMARA ESCLIM ESTRADERM ESTRATEST ESTRATEST HS FEMHRT PREMARIN PREMPHASE PREMPRO VIVELLE VIVELLE-DOT PROGESTINS medroxyprogesterone acetate VAGINAL PREMARIN VAGINAL VAGINAL INFECTIONS nystatin vaginal triple sulfa DIFLUCAN (150 mg tablet) METROGEL-VAGINAL MISCELLANEOUS METHERGINE SARAFEM	ANTIALLERGIC/ANAPHYLAXIS EPIPEN EPIPEN JR. GASTROCROM DRY MOUTH—SJOJGREN'S SYNDROME EVOXAC